

# SET, PEDAL - GO!



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Dear Parent / Guardian

Active Together are committed to supporting children and young people to be regularly physically active, for the benefit of their physical and mental health.

We believe every child and young person should have the opportunity to learn basic skills to support them to be active for life. One of those skills being the ability to ride a bike.

Active Together were recently successful in receiving funding from the Bikeability Trust to ensure those children and young people who had not yet had the opportunity to learn to ride a bike, through affordability and/or access, can do so, **free of charge**. As a result, we are providing our new **free learn to ride** programme – **Set, Pedal – Go!**

We are pleased to announce that a Set, Pedal – Go! programme is being provided locally at **Snibston Colliery Park**. Sessions will take place on Saturdays, at 1.15pm starting on **Saturday 11<sup>th</sup> June 2022**.

Bikes and helmets will be provided by our instructors, so children can simply arrive and take part without needing their own equipment to get involved.

To register your child for these sessions, please visit:

[www.active-together.org/cycling](http://www.active-together.org/cycling)

**Please note:** Set, Pedal – Go! is provided to support children who are unable to ride a bike. If your child is already able to ride a bike (without the support of stabilisers) they will not be eligible to attend this training.

If you are unable to access the internet to register your child's place, please contact us on 01509 564 865 and a member of the Active Together team will be able to assist you.

Many thanks,



Geoff Maltby

Sports Development Manager, Active Together