WEEK 1

Weeks starting: 5th Sept, 26th Sept, 17th Oct, 7th Nov, 28th Nov, 19th Dec

Classic Pizza Margherita (v) Homemade Plant Based Burger in a Bun (vg) Wrap Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Oven Baked Diced Potatoes, Peas, Sweetcorn, Salad Bar (gf) (vg), Fresh Bread of the Day

> Strawberry Ice Cream (gf) (v) Paris Slice & Custard (v) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Pasta Bolognese Vegetarian Pasta Bolognese (vg) Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Carrots, Broccoli, Salad Bar (gf) (vg), Fresh Bread of the Day

Chocolate Sponge & Chocolate Sauce (v) Scotch Bread (v) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Roast Chicken (gf) Plant Based Cottage Pie (vg) (gf) Soft Sliced Bread Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

oast Potatoes, Savoy Cabbage, Roasted Root Veg Medley Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

> Jelly (gf) Vanilla Cookie (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Jumbo Sausage Roll Five Bean Stew & Rice (vg) (gf) Soft Slice Bread Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Crushed New Potatoes, Baked Beans, Sweetcorn Salad Bar (gf) (vg), Fresh Bread of the Day

> Winter Fruit Crumble & Custard (v) Chocolate & Orange Cookie (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

MSC Fish Fingers Battered Fish Fillet Wrap Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

hips, Garden Peas, Baked Beans, Tomato Ketchup, Salad Bar (gf) (vg), Fresh Bread of the Day

> Gingerbread Man (vg) Apple Flapjack (vg) Fresh Fruity Friday (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

WEEK 2

Weeks starting: 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec

Classic Pizza Margherita (v) Plant Based Chilli Con Carne (vg) (gf) Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf

Oven Baked Potato Wedges, Green Beans, Sweetcorn, Salad Bar (gf) (vg), Fresh Bread of the Day

> Jam & Coconut Sponge & Custard (v) Traditional Flapjack (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

The Dolce Cheddar Cheeseburger (Dairy Free option Available) Salmon & Sweet Potato Fishcake Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

New Potatoes, Rainbow Slaw, Green Beans Salad Bar (gf) (vg), Fresh Bread of the Day

Pear Chocolate Sponge & Chocolate Sauce (v) Shortbread (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Roast Chicken (gf) Sausage & Bean Casserole (v) Wrap Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Roast Potatoes, Vegetable Medley, Savoy Cabbage, Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

> Warm Apple Turnover (vg) Chocolate Crunch (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Minced Beef Pie Cauliflower Cheese Loaded Yorkie (v) Soft Bread Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Mashed Potatoes, Broccoli, Carrots, Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

> Frosted Carrot Cake (v) Oat Cookie (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

MSC Fish Fingers Battered Fish Fillet Wrap Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Chips, Baked Beans, Garden Peas, Tomato Ketchup, Salad Bar (gf) (vg), Fresh Bread of the Day

> Apple Crumble & Custard (vg) Rainbow Jelly Fruit (gf) Fresh Fruity Friday (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

WEEK 3

Weeks starting: 29th Aug, 19th Sept, 10th Oct, 31st Oct, 21st Nov, 12th Dec

Bread and Salad Bar available DAILY

Classic Pizza Margherita (v) Vegetable Korma & Wholegrain Rice (vg) (gf) Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Oven Baked Diced Potatoes, Garden Peas, Sweetcorn, Salad Bar (gf) (vg), Fresh Bread of the Dav

> Lancashire Cookie (vg) Vanilla Ice Cream (v) (gf) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

All Day Breakfast All Day Vegetarian Breakfast (v) Wrap Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Baked Beans, Mixed Green Salad, Salad Bar (gf) (vg), Fresh Bread of the Day

> Apple Sponge & Custard (v) Chocolate Cookie (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Roast Chicken (gf) Winter Vegetable Puff Pie (vg) Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Mashed Potatoes, Glazed Carrots, Savoy Cabbage, Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

> Fruit Jelly (gf) Iced Grasmere Gingerbread (vg) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

Oven Baked Sausage & Mashed Potatoes Oven Baked Veg Sausage & Mashed Potatoes (v) Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Carrots, Broccoli, Gravy, Salad Bar (gf) (vg), Fresh Bread of the Day

> Chocolate Fudge Pudding (v) Coconut Macaroon Muffin (v) Fresh Fruit (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

MSC Fish Fingers Pasta Neopiltan (vg) Farmhouse Roll Choice of Filling Fresh Jacket Potato with a Choice of Filling (gf)

Chips, Baked Beans, Garden Peas, Tomato Ketchup Salad Bar (gf) (vg), Fresh Bread of the Day

> Banana Slice (vg) Chocolate Crispy Cake (vg) Fresh Fruity Friday (gf) (vg) Dairy Fruit Yoghurt (gf) (v)

HOICE AUTUMN 2022

Mega

Mondays

Around

World

Roast

the

School Favourites

Wednesday

Fishy Fridays

v = Vegetarian | vg = Vegan | df = Dairy Free | gf = Cluten Free r full allergen information please refer to your School Grid Account. "Gluten fre products are prepared in a kitchen that <u>handles products containing cluten</u>.