



\*Please follow the dates to find out which menu your school is on each week

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1*	2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December, 2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.				
OPTION ONE	Spaghetti Bolognaise	Chicken Pie	Roast Pork & Apple Sauce with Gravy	Margherita Pizza	Sausages
OPTION TWO	Vegetable Curry	Vegetarian Toad in the Hole	Jacket Potato with Cheese	Jacket Potato with Vegetarian Bolognaise	Quorn Dippers
OPTION THREE	Jacket Potato with Baked Beans	Tuna Crunch Wrap	Homemade Vegetable Pasty	Cheese Roll	Jacket Potato with Cheese & Coleslaw
CARBS	Spaghetti Rice	Roast Potatoes Savoury Rice	Creamy Mashed Potato	½ Jacket Potato Pasta	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Fresh Fruit Platter Ginger Biscuit	Syrup Sponge & Custard Cherry Shortbread	Banana Flapjack Apple Crumble & Custard	Toffee Crispy Cake Strawberry Whip	Vanilla Ice Cream Orange Jelly with Mandarins
WEEK 2*	2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December, 2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.				
OPTION ONE	Minced Beef	Roast Chicken & Stuffing with Gravy	Sausages & Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	Vegetable Sausages in Gravy	Roast Quorn Fillet & Stuffing with Gravy	Cheese & Potato Pie	Quorn Tikka Masala	Quorn Dippers
OPTION THREE	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Cheese Omelette	Jacket Potato with Baked Beans	Tuna & Sweetcorn Pasta Bake
CARBS	Roast Potatoes Fluffy Rice	Roast Potatoes Potatoes in Skins	Mashed Potato ½ Jacket Potato	Fluffy Rice Garlic Bread	Chips ½ Jacket Potato
VEGETABLES	Green Beans Carrots	Peas Cauliflower Cheese	Medley of Vegetables Green Beans	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Iced sponge Viennese Biscuit	Apple Crumble & Custard Sticky Iced Bun	Cheese & Biscuits Chocolate Brownie	Strawberry Jelly & Cream Carrot Cake	Chocolate Ice Cream Fresh Fruit Platter
WEEK 3*	2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December, 2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.				
OPTION ONE	Meatballs in a Homemade Sauce	Margherita Pizza	Roast Gammon & Gravy	Roast Chicken with Stuffing & Gravy	Fish Fingers
OPTION TWO	Vegetable Bites in Tomato Sauce	Creamy Vegetable Pie	Cheese Flan	Tomato Pasta Bake	Vegetable Nuggets
OPTION THREE	Bacon Roll	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese & Baked Beans	Chicken Wrap	Jacket Potato with Cheese & Sweetcorn
CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells Parsley Potatoes	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potato	Chips ½ Jacket Potato
VEGETABLES	Carrots Broccoli	Cauliflower Roasted Courgette	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Apple Crumble & Custard Oat Cookie	Banana Cupcake Strawberry Whip	Rice Pudding & Jam Iced Sponge	Steamed Sponge & Custard Chocolate Crunch Cookie	Ice Cream Fresh Fruit Platter